

Sample Daily Schedule

Morning

- 7:00 – 9:15 Arrival, table toys, quiet activities, separate into “classrooms”
- 9:15 – 9:30 Morning meeting: Calendar, weather, theme for the day, book, etc.
- 9:30 – 10:00 “Project Work”: Writing names, sequencing, colors, letters, theme work
- 10:00 – 10:45 Center Time: Small motor skills, playing cooperatively, listening skills, cognitive skills, imagination, creativity, spacial awareness
- 10:45 – 11:00 Potty break
- 11:00 – 11:45 Outdoor Play: Large motor skills, running, climbing, jumping, taking turns, playing together
- 11:45 – 12:00 Potty break, wash hands for lunch

Afternoon

- 12:00 – 12:30 Lunch: Converse with friends, healthy eating, manners
- 12:30 – 12:45 Bible story
- 12:45 – 1:00 Books, prepare for nap
- 1:00 – 3:00 Nap: Listen to soft music, teachers rub children’s backs, quietly look at books on cot
- 3:00 – 4:00 Wake-up, snack, table activities
- 4:00 – 5:00 Outdoor play
- 5:00 – 6:00 Free play, centers, goodbyes

We offer a scheduled learning program from 9:00 a.m. - 1:00 p.m. During that time, children have a morning snack (center-provided) and sit for circle time, which includes calendar, days of the week, months of the year, weather, and the theme of the week. After circle, the children have "instructional time." During this portion of the day, children do a number of things including sequencing activities, learning to write, math activities, language activities, work on all the letters, numbers, colors, shapes and other preschool skills such as cutting, gluing, writing names, etc. When they have completed their work, they have the opportunity to interact with their friends and use their imaginations, while in centers. Children also enjoy outdoor time during their day. Children in this program bring their lunches to school and eat in their classrooms. After lunch, a bible story is shared. Children on the half-day schedule are picked up after the story. Others will then rest or find a quiet activity to do on their cots.

After their rest period, children are given another snack (center-provided) and then they are invited to find an activity to play with. Sometimes this is teacher-initiated, sometimes child-initiated. Children have the opportunity to go outside again and then go home.

Our classrooms put strong emphasis on social skills. Our children work hard on cooperation, sharing and using appropriate language. Children learn how to listen, follow directions, help a friend, tell a story (through Show-and-Share), and follow a routine.

Our program offers small classes and qualified teachers in every room.

The children also enjoy a bible story each day. We take one story and reread it all week. We also try to incorporate crafts or snacks to help illustrate the story. The teachers use their creative talents to make the story come alive. For example, during the story of David and Goliath, the children get to become David and throw bean bags at a giant. For the story of Noah, the teachers show the children exactly how big the ark was by marking off our field with cones.

For many of our little ones, this is their first school experience and we at PVA Academy Daycare & Preschool strive to make it an enjoyable one.